



SEAN WILLARD

HAVE A LIFE ATTACK

ACTION PLAN
VISION BOARD
WORKSHOP

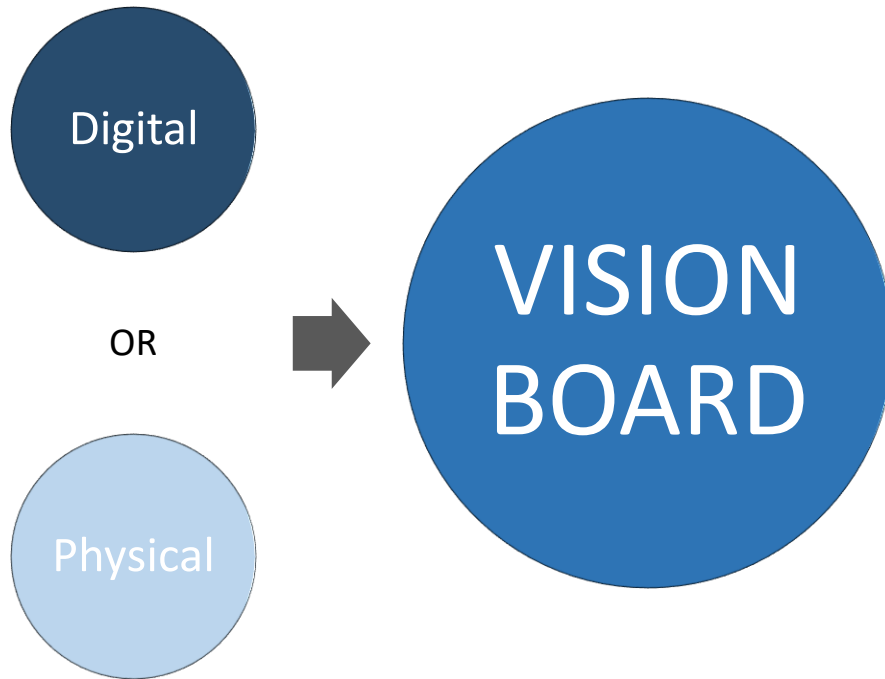
Module 2: Creating Your Vision Board

*Please note this is NOT for resale or giveaway.



Complete this action plan and the accompanying exercises to prepare for Vision Board creation

ACTION PLAN: GET ORGANIZED!



WHERE TO FIND TOOLS,
INSPIRATION
AND MORE



VISION BOARD CREATION

Marshall your resources for digital or physical Vision Board creation. (Replace any links you're not using with ones you have found, or simply add the new links.)

MY DIGITAL VISION BOARD		
Software & Apps	Sources of Inspiration	How I will display it
Image editing: <ul style="list-style-type: none"> ○ Adobe Photoshop ○ Gimp ○ Pixlr 	BrainyQuote.com	<input type="checkbox"/> Pinterest <input type="checkbox"/> Desktop wallpaper <input type="checkbox"/> Screensaver <input type="checkbox"/> Smartphone screen <input type="checkbox"/> Using it as a Scrivener background <input type="checkbox"/> Digital frame
Vision Board Creator software: <ul style="list-style-type: none"> ○ Collage Maker by PicMonkey ○ Collage Maker by Canva 		
Graphics Effects software and apps: <ul style="list-style-type: none"> ○ Impresso ○ Impresso Pro 		Format Video Screen Web page <input type="checkbox"/> Music added?



Stock Photo Sites	Animated video tools	Favorite sites for inspiration...
<ul style="list-style-type: none">○ <u>Pixabay</u>○ <u>BigStock</u>○ <u>DepositPhotos</u>○ <u>Unsplash</u>	<ul style="list-style-type: none">○ <u>MindMovies4.0</u>○ <u>PowToon</u>	



MY PHYSICAL VISION BOARD	
Materials to gather and consider:	Supplies I have:
<ul style="list-style-type: none">○ Mementoes○ Pamphlets○ Magazines○ Photos I took or own○ Fabric○ Ads○ Wrappers○ Receipts○ Scrapbooking or craft shops○ Wallpaper○ Paint chips / sample cards	<ul style="list-style-type: none">■ Glue■ Rubber cement■ Poster board■ Mod podge■ Scissors■ Prestik■■■■

Shopping List



EXERCISES:

1. Sign up for any software, apps or resource sites that you plan to use.
2. Familiarize yourself with tutorials and instructions for these sites. Practice until you feel comfortable with each platform or tool.
3. Assemble and organize your digital and physical material.
4. Put thought into:
 - **Shapes**—Why you are using a particular shape and if you could present your item in a better shape or format
 - **Effects**—What can you do to give each item more meaning or make it a stronger symbol?
 - **Size**—How big should it be? What proportion of your board should it take up?
 - **Position**—Where is the best spot on your board to place this particular item?
 - **Hidden messages**—Is there anything about a particular item, text element or picture that is actually sabotaging its message?
 - **A priority**—How important is this particular element?
5. Questions to ask yourself about your board arrangement:
 - Does each item on my board inspire or encourage action?
 - Is each item actually inspiring?
 - Does this action prompt or remind me to do something specific?
 - Can this board act as a “checklist”?